



## RETURN to EM: A course for EM doctors returning to clinical practice

Date: Tuesday 29 January 2019

Venue: Scottish Simulation Centre for Clinical and Human Factors, Forth Valley

Royal Hospital

RCEM accredited for CPD

GMC domains covered: TBC

Who should attend?

With a choice of break-out sessions the day is adaptable and intended to appeal to all levels of training (ACCS/ST1 to consultants), any member of the EM team who would like to feel more prepared and confident when returning to work after a period of absence for any reason.

Learning objectives

This one-day course has been specifically designed to assist you in the transition back into the ED environment with a focus on team working, clinical human factors and improved patient safety.

In keeping with the advice from the GMC, AORMC and JRCPTB, we recognize that a break from clinical practice can impact upon your confidence and may provoke feelings of anxiety around your own clinical performance, knowledge and practical skills in dealing with acute emergencies.

08:30 – 09:00	Registration and refreshments
<b>Session 1 : Introductions</b>	
09:00 – 09:15	<b>Welcome: The Challenges of RETURNing to EM and the importance of this new course</b> Dr Laura McGregor, EM Consultant & EM Educational Coordinator SCSCHF, RCEM Sustainable Working Practices Committee, Scottish Representative
09:15 – 09:45	<b>What's New? Core EM &amp; PEM Knowledge Update for 2018/19</b> Dr Kirsty Ray, EM Consultant and Dr Micheala McGlone, EM and PEM Consultant
<b>Session 2: Tailored sessions</b>	

	Delegates will split into three groups depending on the most appropriate session for them
	<b>1. Illness, Injury, Surgery &amp; Disability: The Challenges of Returning to EM &amp; PHEM (and How to Overcome Them)</b> Dr Stewart Teece, EM Consultant and Dr Cieran McKiernan, EM and Retrieval Medicine Consultant, Associate Post Graduate Dean for Anaesthetics, EM and ICM
	OR
09:45 – 10:15	<b>2. Making the Most of Your KIT Days and Returning to Work After Maternity Leave, Shared Parental Leave and Secondments</b> Dr Barbara Key, EM Consultant
	OR
	<b>3. Using a Break – Career Breaks &amp; Working Overseas</b> TBC
<b>Session 3 – Miscellaneous</b>	
10:15 – 10:35	<b>Thriving in Medicine</b> Dr Elizabeth Murphy, Associate Post Graduate Dean for Careers, Scotland Deanery
10:35 – 10:55	<b>Occupation Health Teams Working with EM Physicians</b> Dr Chris Kallman, Occupational Health Physician
10:55 – 11:15	<b>Refreshment break</b>
<b>Session 4 - Wellness</b>	
11:15 – 11:35	<b>Stress, Work, Trauma.....AND How to Stay Well Despite Them</b> Dr Susan Ramsay, Consultant Clinical Psychologist and Dr Elspeth Pitt, EM Consultant
11:35 – 11:55	<b>Building a Peer Support Network in Your Workplace</b> Dr Hans Hartung and Dr Julie Gordon, NHS Ayrshire and Arran
11:55 – 12:15	<b>The Work of the DSN - Doctors' Support Network</b> Dr Louise Freeman, Co-Chair of the Doctors' Support Network
<b>Session 5: Employment grade streams</b>	
	Delegates will split into to groups dependent on their employment grade

	<p><b>Trainees or CESR</b></p> <p><b>An Approach to FRCEM - Start to Finish (and how to pass!)</b> Dr Fiona Hunter, EM Consultant, Deputy Lead Primary FRCEM Exam, and Dr Cieran McKiernan, EM and Retrieval Medicine Consultant, Associate Post Graduate Dean for Anaesthetics, EM and ICM</p> <p><b>How to Apply for Less Than Full Time Training : An Interactive Q&amp;A</b> Dr Andrea Caldwell, Associate Post Graduate Dean for LTFT Training, Scotland Deanery</p> <p>OR</p> <p><b>Consultants or SAS grade doctors</b></p> <p><b>Annual Appraisal and Revalidation Refresher for EM Consultants, HST &amp; SAS doctors: An interactive Q&amp;A Session</b> Dr Barbara Key, EM Consultant</p> <p><b>Keeping Up to Date with FOAMed</b> Dr Kate Redfern, EM Consultant</p> <p><b>Guidance Around Working LTFT as an EM Consultant, including Job Planning and Rotas: An interactive Q&amp;A Session</b> Dr Barbara Key, EM Consultant</p>
12:15 – 13:00	
13:00 – 13:50	<b>Lunch and networking</b>
	<b>Session 6: Practical sessions</b>
	<p>Delegates will split into 4 pre-allocated groups and rotate around the following 4 stations</p> <p><b>Practising Practical Procedures (CVL, arterial line, intercostal drain, intubation &amp; more)</b> Dr Nicola Moultrie, EM Consultant</p> <p><b>Simulated Resuscitation Room: Adult &amp; Paediatric cases designed to build confidence in Resus</b> TBC</p> <p><b>Table Top Exercise: Getting used to managing the Emergency Department on a busy shift again</b> TBC</p>

	<b>Refresh Your Advanced Life Support, Advanced Paediatric Life Support and Neonatal Life Support Skills</b> Resuscitation Team led by David Williams, Lead Resus Officer
13:50 – 14:35	<b>Practical session 1</b>
14:35 – 15:20	<b>Practical session 2</b>
15:20 – 15:40	<b>Refreshment and networking break</b>
15:40 – 16:25	<b>Practical session 3</b>
16:25 – 17:15	<b>Practical session 4</b>
	<b>Session 7: Closing summary</b>
17:15 – 17:30	<b>Closing summary</b> Dr Laura McGregor, Consultant EM & EM Educational Coordinator SCSCHE, RCEM Sustainable Working Practices Committee, Scottish Representative
17:30	<b>Close</b>